Dear Vet Nurses

Welcome to the Vet Nurse Quiz 2017 Learning Materials – information from these materials have inspired the questions for the quiz night on 9th November, which will focus on general nutritional principles and nutrition for senior pets.

The overall objective of the event is to have a fun evening with your colleagues and peers, whilst at the same time improving your knowledge of nutrition so you can provide the best possible advice to your clients. The quiz will be a team event with multiple-choice answers, and we will have some tough tie-breaker questions in the case that 2 teams are equal in points at the end!

Included in the study materials are some **senior canine and feline diets in the Royal Canin range,** as well as some **Lintbells** supplements that can be used in senior pets.

The kind of information you should familiarize yourselves with are the general principles of the diets and supplements.

* *Example:* Satiety support is a *high protein* and *high fibre* diet designed to reduce hunger. We would not expect you to memorize the exact protein % content of the diet.

Other aspects that may prove useful are some of the key diet indications and contraindications.

* *Example:* Anallergenic is indicated in cases of adverse food reaction still showing symptoms on another hydrolysed protein diet.

We will not be asking questions about the recommended daily intake of various diets, micronutrient content or detailed composition.

The information on general nutrition principles comes from *Practical Atlas of Nutrition and Feeding in Cats and Dogs (Vol I and II)* by Roberto Elices Minguez, 2017.

We look forward to seeing you in November!